# Daytime Prayer

*Thursday, February 21, 2075*

Saint Peter Damian, Bishop and Doctor

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

## PSALMODY

**Psalm 119** *Forever, O Lord, Your Word (Caph)*

> *Ant. Turn to me, O Lord, and have mercy on me.*

Forever, O Lord, your word stands firm in heaven.

Your truth is from generation to generation; you have founded the earth, and it endures.

By your ordinance the day persists, for all things serve you.

Unless your law had been my meditation, perhaps then I would have perished in my humiliation.

Your justifications I will never forget, for in them you have given me life.

I am yours; save me, for I have sought your justifications.

The wicked have waited for me to destroy me; but I have understood your testimonies.

I have seen the end of all perfection; your commandment is exceedingly broad.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Turn to me, O Lord, and have mercy on me.*

**Psalm 119** *How I Love Your Law! (Lamed)*

> *Ant. Turn to me, O Lord, and have mercy on me.*

O how I have loved your law, O Lord! All day long it is my meditation.

By your commandment, you have made me wiser than my enemies; for it is mine forever.

I have understood more than all my teachers, because your testimonies are my meditation.

I have understood more than the elders, because I have sought your commandments.

From every evil path I have restrained my feet, so that I might keep your words.

I have not declined from your judgments, because you have established a law for me.

How sweet are your words to my palate, more so than honey to my mouth!

By your commandments I have gained understanding; therefore I have hated every path of iniquity.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Turn to me, O Lord, and have mercy on me.*

## SHORT READING

**1 JOHN 1:9**

If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.

## RESPONSORY

*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

## CONCLUDING PRAYER

*Gracious God, at this midday hour we remember Christ's suffering and death. Let that memory shape how we treat others for the rest of this day; through the same Jesus Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.

*And give him thanks.*