Daytime Prayer

Thursday, May 31, 2074

The Visitation of the Blessed Virgin Mary

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Alleluia, Alleluia!**
>
> Alleluia, alleluia! Hearts to heaven and voices raise;
> sing to God a hymn of gladness, sing to God a hymn of praise.

PSALMODY

Psalm 129 *Out of the Depths I Cry*

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

From the depths I have cried out to you, O Lord; Lord, hear my voice.

Let your ears be attentive to the voice of my supplication.

If you, Lord, observe iniquities, Lord, who will endure it?

For with you there is forgiveness, and because of your law I have waited for you, O Lord.

My soul has patiently waited on his word; my soul has hoped in the Lord.

From the morning watch, even until night, let Israel hope in the Lord.

For with the Lord there is mercy, and with him there is plentiful redemption.

And he will redeem Israel from all his iniquities.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

Psalm 130 *My Soul Is Like a Weaned Child*

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

O Lord, my heart is not exalted, nor are my eyes lofty.

Neither have I walked in great things, nor in wonders beyond me.

If I were not humble, if my soul were not lifted up; as a weaned child is toward his mother, likewise let it be repaid to my soul.

Let Israel hope in the Lord, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

SHORT READING

COLOSSIANS 3:1

If then you were raised with Christ, seek what is above, where Christ is seated at the right hand of God. Alleluia.

RESPONSORY

V. This is the day the Lord has made. Alleluia.

R. Let us rejoice and be glad. Alleluia.

CONCLUDING PRAYER

Almighty God, you gave us the risen Christ who breathed peace on his disciples. Breathe that peace into the tensions and conflicts of this day; through the same Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.