Daytime Prayer

Thursday, February 23, 2073

Saint Polycarp, Bishop and Martyr

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 129 *Out of the Depths I Cry*

> *Ant. Turn to me, O Lord, and have mercy on me.*

From the depths I have cried out to you, O Lord; Lord, hear my voice.

Let your ears be attentive to the voice of my supplication.

If you, Lord, observe iniquities, Lord, who will endure it?

For with you there is forgiveness, and because of your law I have waited for you, O Lord.

My soul has patiently waited on his word; my soul has hoped in the Lord.

From the morning watch, even until night, let Israel hope in the Lord.

For with the Lord there is mercy, and with him there is plentiful redemption.

And he will redeem Israel from all his iniquities.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Turn to me, O Lord, and have mercy on me.*

Psalm 130 *My Soul Is Like a Weaned Child*

> *Ant. Turn to me, O Lord, and have mercy on me.*

O Lord, my heart is not exalted, nor are my eyes lofty.

Neither have I walked in great things, nor in wonders beyond me.

If I were not humble, if my soul were not lifted up; as a weaned child is toward his mother, likewise let it be repaid to my soul.

Let Israel hope in the Lord, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Turn to me, O Lord, and have mercy on me.*

SHORT READING

1 JOHN 1:9

If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Gracious God, at this midday hour we remember Christ's suffering and death. Let that memory shape how we treat others for the rest of this day; through the same Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.