Morning Prayer

Monday, May 2, 2072

Saint Athanasius, Bishop and Doctor

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Lord, open my lips.

And my mouth will proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

This Is the Day

This is the day, this is the day
that the Lord has made, that the Lord has made;
we will rejoice, we will rejoice,
and be glad in it, and be glad in it.

Alleluia! Christ is risen!
Death is conquered by his love;
all creation sings with gladness:
praise him, earth below and heaven above.

At the break of Easter morning
Mary came and found the tomb;
but the stone was rolled away, and
Jesus met her in the gloom.

Now the Lord of life is risen;
now our sorrow turns to song;
we who walked in death's dark shadow
are set free from all that long.

Psalm 90 *The Protection of the Most High*

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

He who dwells in the aid of the Most High will abide under the protection of the God of heaven.

He will say to the Lord: "You are my supporter and my refuge; my God, I will trust in him."

For he has rescued me from the snare of hunters and from sharp words.

With his shoulders he will overshadow you, and under his wings you will trust.

His truth will surround you like a shield; you will not fear the terror of the night.

Nor the arrow flying in the day, nor the destruction proceeding in darkness, nor the attack of the noonday devil.

A thousand will fall at your side, and ten thousand at your right hand; but it will not draw near to you.

Yet truly you will consider with your eyes, and you will see the reward of sinners.

For you, O Lord, are my hope; you have made the Most High your refuge.

Evil will not approach you, and the scourge will not come near your tabernacle.

For he has given his angels charge over you, to guard you in all your ways.

They will carry you on their hands, lest you dash your foot against a stone.

You will walk upon the asp and the basilisk, and you will trample upon the lion and the dragon.

Because he hoped in me, I will free him; I will protect him, because he has known my name.

He will call upon me, and I will hear him; I am with him in tribulation; I will rescue him and glorify him.

I will satisfy him with length of days, and I will reveal my salvation to him.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

Psalm 135 *Psalm 135*

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

OLD TESTAMENT CANTICLE

OLD TESTAMENT CANTICLE (ISAIAH 66:10–14)

Rejoice with Jerusalem, and be glad with her, all you who love her.

Rejoice for joy with her, all you that mourn for her.

That you may suck and be filled with the breast of her consolations.

That you may milk out and flow with delights, from the abundance of her glory.

For thus says the Lord: "Behold I will bring upon her as it were a river of peace, and as an overflowing torrent the glory of the Gentiles."

"Which you will suck; you will be carried at the breasts, and upon the knees they will caress you."

"As one whom the mother caresses, so will I comfort you, and in Jerusalem you will be comforted."

"You will see and your heart will rejoice, and your bones will flourish like a herb."

"And the hand of the Lord will be known to his servants, and he will be angry with his enemies."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SHORT READING

1 CORINTHIANS 5:7–8

For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.

RESPONSORY

V. This is the day that the Lord has made. Alleluia.

R. Let us rejoice and be glad in it. Alleluia.

V. Give thanks to the Lord, for he is good;

R. his love endures forever. Alleluia.

GOSPEL CANTICLE: BENEDICTUS (LUKE 1:68-79)

THE CANTICLE OF ZECHARIAH (BENEDICTUS) (LUKE 1:68–79)

> *Ant. This is the day the Lord has made; let us rejoice and be glad in it. Alleluia.*

Blessed is the Lord, the God of Israel, because he has visited and accomplished the redemption of his people.

And he has raised up a horn of salvation for us in the house of David his servant.

As he spoke through the mouth of his holy prophets, those who have been from the beginning:

Salvation from our enemies and from the hand of all who hate us.

To show mercy to our fathers and to remember his holy covenant,

the oath which he swore to our father Abraham, that he would grant to us,

that being freed from the hand of our enemies, we might serve him without fear,

in holiness and justice before him, throughout all our days.

And you, child, will be called a prophet of the Most High; for you will go before the face of the Lord, to prepare his ways.

To give knowledge of salvation to his people, for the remission of their sins,

through the compassionate mercy of our God, by which the Rising Sun has visited us from on high,

to illuminate those sitting in darkness and in the shadow of death, to direct our feet in the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. This is the day the Lord has made; let us rejoice and be glad in it. Alleluia.*

MORNING INTERCESSIONS

Rejoicing in the resurrection of the Lord, let us offer our prayers, saying:

For the church throughout the world, that it may proclaim the resurrection with boldness and joy: we pray to you, O Lord. — *Lord, hear us. Alleluia.*

For the newly baptized, that they may grow in the faith they have received and be sustained by the Easter community: we pray to you, O Lord. — *Lord, hear us. Alleluia.*

For all who are in darkness or despair, that the light of Easter may dawn in their lives: we pray to you, O Lord. — *Lord, hear us. Alleluia.*

For those who have died in the hope of resurrection, that they may share fully in the Easter victory of Christ: we pray to you, O Lord. — *Lord, hear us. Alleluia.*

For all nations, that the peace of the risen Christ may overcome division and bring reconciliation: we pray to you, O Lord. — *Lord, hear us. Alleluia.*

For ourselves, that we may live as Easter people, bringing the good news of new life to those around us: we pray to you, O Lord.

Lord, hear us. Alleluia.

THE LORD'S PRAYER

Let us pray as the Lord himself has taught us:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

CONCLUDING PRAYER

God of life, you raised your Son from the dead and filled the world with joy. Fill our hearts with the joy of the resurrection and let your Easter light shine through all we do this day; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

DISMISSAL

The Lord be with you.
And with your spirit.

May almighty God bless us: the Father, and the Son, and the Holy Spirit.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.