Daytime Prayer

Friday, July 11, 2070

Saint Benedict of Nursia, Abbot

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

Psalm 131 *Remember David's Oath*

> *Ant. Remember, O Lord, your servant David.*

O Lord, remember David and all his meekness.

How he swore to the Lord; he made a vow to the God of Jacob.

"I will not enter into the tabernacle of my house, nor will I climb into the bed where I lie;"

"I will not give sleep to my eyes, or slumber to my eyelids,"

"or rest to my temples, until I find a place for the Lord, a tabernacle for the God of Jacob."

Behold, we heard of it in Ephrata; we found it in the fields of the forest.

We will enter into his tabernacle; we will adore in the place where his feet have stood.

Arise, O Lord, into your rest, you and the ark of your sanctification.

Let your priests be clothed with justice, and let your holy ones exult.

For the sake of your servant David, do not turn away the face of your Christ.

The Lord has sworn truth to David, and he will not make it void.

"Of the fruit of your womb, I will set upon your throne."

"If your sons will keep my covenant and my testimonies which I will teach them,"

"their sons also, even forever, will sit upon your throne."

For the Lord has chosen Zion; he has chosen it for his dwelling.

"This is my rest forever and ever; here I will dwell, for I have chosen it."

"Blessing, I will bless her widow; her poor I will satisfy with bread."

"Her priests I will clothe with salvation, and her holy ones will exult with exultation."

"There I will raise up a horn for David; I have prepared a lamp for my Christ."

"His enemies I will clothe with confusion, but upon him my sanctification will flourish."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Remember, O Lord, your servant David.*

Psalm 132 *How Good It Is for Brothers to Live Together (Part I)*

> *Ant. Praise to you, Lord God, now and forever.*

Behold, how good and joyful it is for brothers to live together as one.

Like ointment on the head, which descends to the beard, to the beard of Aaron,

which descends to the edge of his garment.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

ROMANS 12:10–11

Love one another with mutual affection; anticipate one another in showing honor. Do not grow slack in zeal, be fervent in spirit, serve the Lord.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

O God, you neither slumber nor sleep and your care for us is without ceasing. At this midday hour renew our energy for the tasks before us and keep us mindful of your presence; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.