Evening Prayer

Friday, March 29, 2069

Lent, Week 4 — Friday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lift High the Cross

In the evening of this day, O Lord, we come to you,
contrite hearts and broken spirits, seeking to be made new;
for our sins are heavy burdens, and the way is long and steep;
grant us mercy, Lord, and pardon, as we cry to you and weep.

Let the cross of Jesus be the sign before our eyes,
his great love poured out in sorrow, his great death our sacrifice;
and the stone rolled back in glory, and the tomb forever bare:
this the sign that sins are conquered, this the gift beyond compare.

Now the evening lamps are lighted, and the darkness gathers near;
grant us peace beyond all asking, keep us safe from doubt and fear;
in the night may angels watch us, and at morning may we rise
to the glory of your mercy shining bright before our eyes.

Psalm 41 *Longing for God's House*

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

As the deer longs for fountains of water, so my soul longs for you, O God.

My soul has thirsted for God, the living fountain; when will I come and appear before the face of God?

My tears have been my bread day and night, while they say to me daily, "Where is your God?"

These things I remembered, and I poured out my soul in me; for I will pass into the place of the wonderful tabernacle, even to the house of God,

amid the voice of joy and praise, the sound of one feasting.

Why are you sad, O my soul? And why do you trouble me?

Hope in God, for I will still confess to him: the salvation of my countenance and my God.

My soul has been troubled within myself; therefore I will remember you from the land of Jordan and Hermon, from the little hill.

Deep calls to deep at the sound of your floodgates.

All your heights and your waves have passed over me.

In the daytime the Lord has commanded his mercy, and in the night his canticle.

With me is a prayer to the God of my life.

I will say to God: "You are my supporter. Why have you forgotten me? And why do I go about in sadness, while the enemy afflicts me?"

While my bones are being broken, my enemies who trouble me have reproached me.

While they say to me daily: "Where is your God?"

Why are you sad, O my soul? And why do you trouble me?

Hope in God, for I will still give praise to him: the salvation of my countenance and my God.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

Psalm 44 *A Royal Wedding Song*

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

My heart has uttered a good word; I speak my works to the king.

My tongue is the pen of a swiftly writing scribe.

You are made beautiful above the sons of men; grace is poured out in your lips; therefore God has blessed you forever.

Take up your sword upon your thigh, O most mighty.

Go forth with your beauty and your excellence and proceed with success, and reign, because of truth and meekness and justice.

And your right hand will guide you wonderfully.

Your arrows are sharp; peoples will fall under you; the hearts of the king's enemies.

Your throne, O God, is forever and ever; the rod of your kingdom is the rod of uprightness.

You have loved justice and hated iniquity; therefore God, your God, has anointed you with the oil of gladness beyond your companions.

Myrrh, aloes, and cassia perfume your garments, from the ivory houses, from which the daughters of kings have given you delight in your glory.

The queen stood at your right hand in golden attire, surrounded with variety.

Hear, O daughter, and see and incline your ear; and forget your people and your father's house.

And the king will desire your beauty; for he is the Lord your God, and him they will adore.

And the daughters of Tyre with gifts, yes the rich among the people, will entreat your face.

All the glory of the daughter of the king is within in golden borders,

Clothed around with varieties. After her, virgins will be brought to the king; her neighbors will be brought to you.

They will be brought with gladness and joy; they will be brought into the temple of the king.

Instead of your fathers, sons are born to you; you will make them princes over all the earth.

They will remember your name in every generation and generation; therefore peoples will confess to you forever and ever and into ages of ages.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

NEW TESTAMENT CANTICLE

NEW TESTAMENT CANTICLE (REVELATION 19:1–9)

Alleluia! For the Lord our God, the Almighty, has reigned.

Let us be glad and rejoice and give glory to him; for the marriage of the Lamb has come, and his wife has prepared herself.

And it was granted to her to clothe herself in fine linen, bright and clean.

For the fine linen represents the justifications of the saints.

And he said to me: "Write: Blessed are those who are called to the marriage supper of the Lamb."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SHORT READING

MICAH 7:18

> Who is there like you, the God who removes guilt and pardons sin for the remnant of his inheritance; who does not persist in anger forever, but delights rather in clemency.

RESPONSORY

V. Turn to me, O Lord, and have mercy on me.

R. Give your strength to your servant.

V. Do not forsake me, O Lord;

R. be not far from me, O my God.

GOSPEL CANTICLE: MAGNIFICAT (LUKE 1:46-55)

THE CANTICLE OF MARY (MAGNIFICAT) (LUKE 1:46–55)

> *Ant. Turn to the Lord your God, for he is gracious and merciful, slow to anger and of great kindness.*

My soul magnifies the Lord.

And my spirit has rejoiced in God my Savior.

Because he has regarded the humility of his handmaid; for behold, from henceforth all generations will call me blessed.

Because he who is powerful has done great things for me, and holy is his name.

And his mercy is from generation to generation for those who fear him.

He has shown might with his arm; he has scattered the proud in the conceit of their heart.

He has deposed the powerful from their seat, and he has exalted the humble.

He has filled the hungry with good things, and the rich he has sent away empty.

He has received Israel, his servant, being mindful of his mercy.

As he spoke to our fathers: to Abraham and to his offspring forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Turn to the Lord your God, for he is gracious and merciful, slow to anger and of great kindness.*

EVENING INTERCESSIONS

At the close of this Lenten day, let us lay our prayers before the Lord, saying:

For the church, that this Lenten season may lead to a deeper love of God and neighbor: we pray to you, O Lord. — *Lord, have mercy.*

For catechumens preparing for Easter baptism, that their formation in faith may be fruitful: we pray to you, O Lord. — *Lord, have mercy.*

For those suffering from addiction, violence, or poverty, that they may find relief and support: we pray to you, O Lord. — *Lord, have mercy.*

For those we have hurt or neglected, that God may heal the wounds we have caused: we pray to you, O Lord. — *Lord, have mercy.*

For all who are dying, that they may face death with hope and peace: we pray to you, O Lord. — *Lord, have mercy.*

For the faithful departed, that they may come to the fullness of life: we pray to you, O Lord. — *Lord, have mercy.*

THE LORD'S PRAYER

Let us pray as the Lord himself has taught us:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

CONCLUDING PRAYER

Gracious God, you ask us to fast not merely from food but from sin and selfishness. Help us to share our bread with the hungry and to set free those who are oppressed; through Christ our Lord. Amen.

DISMISSAL

The Lord be with you.
And with your spirit.

May almighty God bless us: the Father, and the Son, and the Holy Spirit.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

MARIAN ANTIPHON

AVE REGINA CAELORUM

Hail, O Queen of heaven enthroned! Hail, by angels Mistress owned! Root of Jesse, Gate of morn, whence the world's true Light was born: glorious Virgin, joy to thee, loveliest whom in heaven they see: fairest thou where

all are fair, plead with Christ our sins to spare.