

# Daytime Prayer

Friday, March 15, 2030

Lent, Week 1 — Friday

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **Lord, Who Throughout These Forty Days**

Lord, who throughout these forty days  
for us did fast and pray,  
teach us with you to mourn our sins  
and close by you to stay.

## PSALMODY

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### **Psalm 119** *Psalm 119 (Continued)*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

Let my supplication draw near in your sight; give me understanding according to your word.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

### **Psalm 119** *Psalm 119 (Continued)*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

My lips will utter a hymn when you have taught me your justifications.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

SHORT READING

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**JEREMIAH 29:13**

You will seek me and find me, when you seek me with all your heart.

RESPONSORY

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*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

CONCLUDING PRAYER

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*Lord of the cross, help us to carry our own crosses with patience and trust, knowing that you walk beside us; through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*