

# Daytime Prayer

Tuesday, March 12, 2030

Lent, Week 1 — Tuesday

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **Lord, Who Throughout These Forty Days**

Lord, who throughout these forty days  
for us did fast and pray,  
teach us with you to mourn our sins  
and close by you to stay.

## PSALMODY

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### **Psalm 119** *The Lord Is My Portion (Zain)*

*Ant. Create a clean heart in me, O God.*

You are my portion, O Lord; I have said that I would keep your law.

I have entreated your face with all my heart; have mercy on me according to your word.

I have considered your ways, and I have turned my feet into your testimonies.

I am prepared, and I am not troubled, so as to keep your commandments.

The cords of the wicked have surrounded me, and I have not forgotten your law.

At midnight I rose to confess to you, upon the judgments of your justification.

I am a partaker with all who fear you and who keep your commandments.

The earth, O Lord, is full of your mercy; teach me your justifications.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Create a clean heart in me, O God.*

**Psalm 119** *You Have Been Good (Heth)*

*Ant. Create a clean heart in me, O God.*

You have acted with goodness toward your servant, O Lord, according to your word.

Teach me goodness and discipline and knowledge; for I have believed in your commandments.

Before I was humbled, I offended; therefore I have kept your word.

You are good, and in your goodness teach me your justifications.

The iniquity of the proud has been multiplied over me, but with my whole heart I will seek your commandments.

Their heart has been curdled like milk, but I have meditated on your law.

It is good for me that you have humbled me, so that I might learn your justifications.

The law of your mouth is better for me than thousands in gold and silver.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Create a clean heart in me, O God.*

SHORT READING

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**ISAIAH 58:7**

Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

RESPONSORY

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*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

CONCLUDING PRAYER

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*God of mercy, we pause in the midst of our Lenten journey. Renew our resolve, deepen our prayer, and fill us with the charity that this season calls us to; through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*