

# Daytime Prayer

Tuesday, January 8, 2030

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## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

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## HYMN

### Sing Alleluia Forth

Sing alleluia forth in duteous praise,  
O citizens of heaven, who know the festal days;  
and by your singing learn how God may be adored.

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## PSALMODY

### Psalm 119 *See My Humiliation (Coph)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

Behold my humiliation and rescue me, for I have not forgotten your law.  
Judge my judgment and redeem me; enliven me for the sake of your word.  
Salvation is far from sinners, because they have not sought your justifications.  
Your mercies are many, O Lord; enliven me according to your judgment.  
Many are those who persecute me and who afflict me; I have not declined from your testimonies.  
I saw the prevaricators and I pined away, because they have not kept your word.  
See how I have loved your commandments; O Lord, enliven me in your mercy.  
The beginning of your words is truth; all the judgments of your justice are forever.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

**Psalm 119** *Princes Have Persecuted Me (Res)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

Leaders have persecuted me without cause; and my heart has been in awe of your words.

I will rejoice over your words, like one who has found great spoils.

I have hated and abhorred iniquity; but I have loved your law.

Seven times a day I have given praise to you, on the judgments of your justice.

Much peace is for those who love your law, and there is no scandal for them.

I waited for your salvation, O Lord, and I loved your commandments.

My soul has kept your testimonies, and I have loved them greatly.

I have kept your commandments and your testimonies, for all my ways are in your sight.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

SHORT READING

**1 JOHN 1:1-2**

What was from the beginning, what we have heard, what we have seen with our eyes, what we looked upon and touched with our hands concerns the Word of life — for the life was made visible.

RESPONSORY

*V. The Word became flesh and dwelt among us.*

*R. Full of grace and truth.*

CONCLUDING PRAYER

*God of all joy, let the light of Christmas shine into every corner of our work today; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

*And give him thanks.*