# Daytime Prayer

*Tuesday, December 29, 2026*

Saint Thomas Becket, Bishop and Martyr

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

> **Sing Alleluia Forth**
>
> Sing alleluia forth in duteous praise,
> O citizens of heaven, who know the festal days;
> and by your singing learn how God may be adored.

## PSALMODY

**Psalm 119** *The Lord Is My Portion (Zain)*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

You are my portion, O Lord; I have said that I would keep your law.

I have entreated your face with all my heart; have mercy on me according to your word.

I have considered your ways, and I have turned my feet into your testimonies.

I am prepared, and I am not troubled, so as to keep your commandments.

The cords of the wicked have surrounded me, and I have not forgotten your law.

At midnight I rose to confess to you, upon the judgments of your justification.

I am a partaker with all who fear you and who keep your commandments.

The earth, O Lord, is full of your mercy; teach me your justifications.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

**Psalm 119** *You Have Been Good (Heth)*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

You have acted with goodness toward your servant, O Lord, according to your word.

Teach me goodness and discipline and knowledge; for I have believed in your commandments.

Before I was humbled, I offended; therefore I have kept your word.

You are good, and in your goodness teach me your justifications.

The iniquity of the proud has been multiplied over me, but with my whole heart I will seek your commandments.

Their heart has been curdled like milk, but I have meditated on your law.

It is good for me that you have humbled me, so that I might learn your justifications.

The law of your mouth is better for me than thousands in gold and silver.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

## SHORT READING

**1 JOHN 1:1–2**

What was from the beginning, what we have heard, what we have seen with our eyes, what we looked upon and touched with our hands concerns the Word of life — for the life was made visible.

## RESPONSORY

*V. The Word became flesh and dwelt among us.*
*R. Full of grace and truth.*

## CONCLUDING PRAYER

*God of all joy, let the light of Christmas shine into every corner of our work today; through Jesus Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.
*And give him thanks.*