

Daytime Prayer

Friday, October 30, 2026

Ordinary Time, Week 29 — Friday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 119 *Psalm 119 (Continued)*

Ant. Praise to you, Lord God, now and forever.

Let my supplication draw near in your sight; give me understanding according to your word.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

Psalm 119 *Psalm 119 (Continued)*

Ant. Praise to you, Lord God, now and forever.

My lips will utter a hymn when you have taught me your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

SHORT READING

ROMANS 12:10–11

Love one another with mutual affection; anticipate one another in showing honor. Do not grow slack in zeal, be fervent in spirit, serve the Lord.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

O God, you neither slumber nor sleep and your care for us is without ceasing. At this midday hour renew our energy for the tasks before us and keep us mindful of your presence; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.