Daytime Prayer

Wednesday, October 21, 2026

Ordinary Time, Week 29 — Wednesday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 119 *Your Hands Have Made Me (Teth)*

> *Ant. Praise to you, Lord God, now and forever.*

Your hands have made me and formed me; give me understanding, and I will learn your commandments.

Those who fear you will see me and rejoice, because I have hoped in your words.

I know, O Lord, that your judgments are equity, and in your truth you have humbled me.

Let your mercy be to console me, according to your word to your servant.

Let your mercies come to me, and I will live; for your law is my meditation.

Let the proud be ashamed, because they have acted unjustly against me; but I will meditate on your commandments.

Let those who fear you turn to me, and those who know your testimonies.

Let my heart be without stain in your justifications, so that I may not be confounded.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

Psalm 119 *My Soul Has Fainted (Jod)*

> *Ant. Praise to you, Lord God, now and forever.*

My soul has fainted for your salvation, and I hoped in your word.

My eyes have grown dim for your eloquence; saying: "When will you console me?"

For I have become like a wineskin in the frost; I have not forgotten your justifications.

How many are the days of your servant? When will you execute judgment on those who persecute me?

The iniquitous have spoken dishonestly to me, but not as much as your law.

All your commandments are truth; the wicked have persecuted me; help me.

They almost came to an end with me on earth; but I have not forsaken your commandments.

Enliven me according to your mercy, and I will keep the testimonies of your mouth.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

GALATIANS 5:14

The whole law is fulfilled in one statement, namely: You shall love your neighbor as yourself.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

> *Lord Jesus, who sanctified human labor by your own work in Nazareth, bless the work of our hands and minds this day, that all we do may serve your glory and the good of others; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.