# Daytime Prayer

*Tuesday, October 20, 2026*

Ordinary Time, Week 29 — Tuesday

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

**God of the Morning**

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

## PSALMODY

### **Psalm 119** *The Lord Is My Portion (Zain)*

> *Ant. Praise to you, Lord God, now and forever.*

You are my portion, O Lord; I have said that I would keep your law.

I have entreated your face with all my heart; have mercy on me according to your word.

I have considered your ways, and I have turned my feet into your testimonies.

I am prepared, and I am not troubled, so as to keep your commandments.

The cords of the wicked have surrounded me, and I have not forgotten your law.

At midnight I rose to confess to you, upon the judgments of your justification.

I am a partaker with all who fear you and who keep your commandments.

The earth, O Lord, is full of your mercy; teach me your justifications.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Praise to you, Lord God, now and forever.*

### **Psalm 119** *You Have Been Good (Heth)*

> *Ant. Praise to you, Lord God, now and forever.*

You have acted with goodness toward your servant, O Lord, according to your word.

Teach me goodness and discipline and knowledge; for I have believed in your commandments.

Before I was humbled, I offended; therefore I have kept your word.

You are good, and in your goodness teach me your justifications.

The iniquity of the proud has been multiplied over me, but with my whole heart I will seek your commandments.

Their heart has been curdled like milk, but I have meditated on your law.

It is good for me that you have humbled me, so that I might learn your justifications.

The law of your mouth is better for me than thousands in gold and silver.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Praise to you, Lord God, now and forever.*

## SHORT READING

**1 CORINTHIANS 10:31**

Whether you eat or drink, or whatever you do, do everything for the glory of God.

## RESPONSORY

*V. Blessed is he who comes in the name of the Lord.*

*R. We bless you from the house of the Lord.*

## CONCLUDING PRAYER

*God of all hours, in the middle of this day's work, we turn our hearts to you. Renew our strength and our purpose, and keep us faithful in your service; through Jesus Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.

*And give him thanks.*