Daytime Prayer

Saturday, September 19, 2026

Saint Januarius, Bishop and Martyr

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 141 *Rescue Me From My Persecutors*

> *Ant. Praise to you, Lord God, now and forever.*

With my voice I have cried out to the Lord; with my voice I have prayed to the Lord.

I will pour out, in his sight, my supplication; and before him I will declare my tribulation.

When my spirit failed within me, even then you knew my paths.

In the way on which I was walking, the proud hid a snare for me.

I looked to the right and I saw, and there was no one who would recognize me.

Flight has perished from me, and there is no one who has regard for my soul.

I cried out to you, O Lord; I said: "You are my hope, my portion in the land of the living."

Attend to my supplication, for I have been humbled exceedingly.

Free me from those who persecute me, for they have been made stronger than me.

Lead my soul out of custody to confess to your name; the just wait for me, until you repay me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

Psalm 145 *Praise the Lord, O My Soul (Part I)*

> *Ant. Praise to you, Lord God, now and forever.*

Praise the Lord, O my soul; in my life I will praise the Lord; I will sing to my God as long as I live.

Do not trust in leaders, in the sons of men, in whom there is no salvation.

His spirit will depart, and he will return to his earth; on that day all their thoughts will perish.

Blessed is he whose helper is the God of Jacob; his hope is in the Lord his God,

who made heaven and earth, the sea, and all that is in them.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

PROVERBS 2:6

For the Lord gives wisdom; from his mouth come knowledge and understanding.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

Lord of the harvest, you have called us to labor in your vineyard. Keep our hearts from weariness and grant us joy in the work of building your kingdom; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.
And give him thanks.