Daytime Prayer

Sunday, July 19, 2026

16th Sunday of Ordinary Time

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 23 *The Lord Is My Shepherd*

> *Ant. The Lord is my shepherd; I shall not want.*

The Lord governs me, and nothing will be lacking for me; he has placed me in a place of pasture.

He has led me to the water of refreshment; he has converted my soul.

He has led me along the paths of justice, for the sake of his name.

For even if I walk in the midst of the shadow of death, I will not fear evil, for you are with me.

Your rod and your staff: these have comforted me.

You have prepared a table before me against those who trouble me.

You have anointed my head with oil, and my chalice which inebriates me, how excellent it is!

And your mercy will follow me all the days of my life. And so may I dwell in the house of the Lord forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. The Lord is my shepherd; I shall not want.*

Psalm 122 *To You I Lift My Eyes*

> *Ant. Our eyes are upon the Lord our God until he shows us his mercy.*

To you I have lifted up my eyes, you who dwell in heaven.

Behold, like the eyes of servants towards the hands of their masters,

like the eyes of a handmaid towards the hands of her mistress,

so are our eyes towards the Lord our God, until he has mercy on us.

Have mercy on us, O Lord, have mercy on us; for we are greatly filled with contempt.

For our soul has been greatly filled; a reproach to those who are at ease, and a contempt for the arrogant.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Our eyes are upon the Lord our God until he shows us his mercy.*

SHORT READING

1 JOHN 3:14

We know that we have passed from death to life because we love our brothers.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

God of all creation, you have made us stewards of your gifts. Guide the work of our hands and minds this day, that we may build up rather than tear down, and serve rather than be served; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.
And give him thanks.