

# Daytime Prayer

Friday, May 8, 2026

Easter, Week 5 — Friday

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **Alleluia, Alleluia!**

Alleluia, alleluia! Hearts to heaven and voices raise;  
sing to God a hymn of gladness, sing to God a hymn of praise.

## PSALMODY

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### **Psalm 119** *Your Word Is a Lamp (Mem)*

*Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

Your word is a lamp to my feet, and a light to my paths.

I have sworn and have determined to keep the judgments of your justice.

I have been humbled greatly; O Lord, enliven me according to your word.

The voluntary offerings of my mouth, make them acceptable, O Lord, and teach me your judgments.

My soul is always in my hands, and I have not forgotten your law.

Sinners have set a snare for me, and I have not strayed from your commandments.

I have inherited your testimonies forever, because they are the joy of my heart.

I have inclined my heart to do your justifications forever, for the reward.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

**Psalm 119** *I Have Hated the Double-minded (Nun)*

*Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

I have hated the iniquitous; and I have loved your law.

You are my helper and my supporter; and I have hoped in your word.

Depart from me, you malicious; and I will search the commandments of my God.

Uphold me according to your word and I will live; and do not confound me in my expectation.

Help me and I will be saved; and I will always meditate on your justifications.

You have despised all those who fall away from your justifications; for their thought is unjust.

I have considered all the sinners of the earth to be prevaricators; therefore I have loved your testimonies.

Pierce my flesh with your fear; for I am afraid of your judgments.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

SHORT READING

**1 CORINTHIANS 15:57**

Thanks be to God who gives us the victory through our Lord Jesus Christ. Alleluia.

RESPONSORY

*V. This is the day the Lord has made. Alleluia.*

*R. Let us rejoice and be glad. Alleluia.*

CONCLUDING PRAYER

*Risen Lord Jesus, you appeared to the disciples and showed them your hands and your side. Show us also the signs of your love and your victory over death; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.*

DISMISSAL

Let us praise the Lord.

*And give him thanks.*