

Daytime Prayer

Saturday, March 21, 2026

Lent, Week 4 — Saturday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lord, Who Throughout These Forty Days

Lord, who throughout these forty days
for us did fast and pray,
teach us with you to mourn our sins
and close by you to stay.

PSALMODY

Psalm 119 *I Have Done Justice (Samech)*

Ant. Do not forsake me, O Lord; be not far from me, O my God.

I have done judgment and justice; do not hand me over to those who slander me.

Accept your servant for good; do not let the proud calumniate me.

My eyes have grown dim for your salvation and for the word of your justice.

Act with your servant according to your mercy, and teach me your justifications.

I am your servant; give me understanding, so that I may know your testimonies.

It is time for the Lord to act; they have dissipated your law.

Therefore, I have loved your commandments above gold and topaz.

Therefore, I was directed toward all your commandments; I have hated every iniquitous way.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Do not forsake me, O Lord; be not far from me, O my God.

Psalm 119 *Your Testimonies Are Wonderful (Ain)*

Ant. Do not forsake me, O Lord; be not far from me, O my God.

Your testimonies are wonderful; therefore my soul has sought them.

The declaration of your words illuminates, and it gives understanding to little ones.

I opened my mouth and drew breath, because I longed for your commandments.

Look upon me and have mercy on me, according to the judgment of those who love your name.

Direct my steps according to your word, and let no iniquity have dominion over me.

Rescue me from the slander of men, and I will keep your commandments.

Make your face shine upon your servant, and teach me your justifications.

My eyes have sent forth springs of water, because they have not kept your law.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Do not forsake me, O Lord; be not far from me, O my God.

SHORT READING

MATTHEW 6:6

But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

O God, purify our intentions and direct our actions, that all we do this day may be a true offering to you; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.