

Evening Prayer

Monday, March 16, 2026

Lent, Week 4 — Monday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lift High the Cross

In the evening of this day, O Lord, we come to you,
contrite hearts and broken spirits, seeking to be made new;
for our sins are heavy burdens, and the way is long and steep;
grant us mercy, Lord, and pardon, as we cry to you and weep.

Let the cross of Jesus be the sign before our eyes,
his great love poured out in sorrow, his great death our sacrifice;
and the stone rolled back in glory, and the tomb forever bare:
this the sign that sins are conquered, this the gift beyond compare.

Now the evening lamps are lighted, and the darkness gathers near;
grant us peace beyond all asking, keep us safe from doubt and fear;
in the night may angels watch us, and at morning may we rise
to the glory of your mercy shining bright before our eyes.

Psalm 136 *By the Waters of Babylon (Part I)*

Ant. Have mercy on me, O God, in your great kindness.

Upon the rivers of Babylon, there we sat and wept as we remembered Zion.

On the willows in their midst, we hung up our instruments.

For there those who had led us captive asked us the words of song.

And those who had carried us away said: "Sing to us a hymn from the songs of Zion."

How will we sing the song of the Lord in a foreign land?

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Have mercy on me, O God, in your great kindness.

Psalm 136 *By the Waters of Babylon (Part II)*

Ant. Have mercy on me, O God, in your great kindness.

If I forget you, O Jerusalem, let my right hand be forgotten.

Let my tongue cling to my jaws if I do not remember you,

if I do not set Jerusalem forth as the beginning of my joy.

Remember, O Lord, the sons of Edom, on the day of Jerusalem,

who said: "Tear it down, tear it down, even to its foundation!"

O daughter of Babylon, you are wretched; blessed is he who repays you your payment,

which you have paid to us.

Blessed is he who will hold and dash your little ones against the rock.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Have mercy on me, O God, in your great kindness.

NEW TESTAMENT CANTICLE

NEW TESTAMENT CANTICLE (COLOSSIANS 1:12–20)

Giving thanks to God the Father, who has made us worthy to be partakers of the lot of the saints in the light. He has rescued us from the power of darkness, and has transferred us into the kingdom of the Son of his love, in whom we have redemption through his blood, the remission of sins.

He is the image of the invisible God, the firstborn of every creature.

For in him all things were created in the heavens and on earth, the visible and the invisible.

Whether thrones or dominations or principalities or powers, all things were created through him and in him.

And he exists before all others, and all things continue in him.

And he himself is the head of the body, the Church; he is the beginning, the firstborn from the dead, so that he may hold the primacy in all things.

For it has pleased the Father that all fullness would dwell in him,

and that through him all things would be reconciled to himself, making peace through the blood of his cross, both as to the things on earth and the things in heaven.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SHORT READING

2 CORINTHIANS 5:20–21

We implore you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who did not know sin, so that we might become the righteousness of God in him.

RESPONSORY

V. Turn to me, O Lord, and have mercy on me.

R. Give your strength to your servant.

V. Do not forsake me, O Lord;

R. be not far from me, O my God.

THE CANTICLE OF MARY (MAGNIFICAT) (LUKE 1:46-55)

Ant. Turn to the Lord your God, for he is gracious and merciful, slow to anger and of great kindness.

My soul magnifies the Lord.

And my spirit has rejoiced in God my Savior.

Because he has regarded the humility of his handmaid; for behold, from henceforth all generations will call me blessed.

Because he who is powerful has done great things for me, and holy is his name.

And his mercy is from generation to generation for those who fear him.

He has shown might with his arm; he has scattered the proud in the conceit of their heart.

He has deposed the powerful from their seat, and he has exalted the humble.

He has filled the hungry with good things, and the rich he has sent away empty.

He has received Israel, his servant, being mindful of his mercy.

As he spoke to our fathers: to Abraham and to his offspring forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Turn to the Lord your God, for he is gracious and merciful, slow to anger and of great kindness.

EVENING INTERCESSIONS

At the close of this Lenten day, let us lay our prayers before the Lord, saying:

For the church, that this Lenten season may lead to a deeper love of God and neighbor: we pray to you, O Lord. *Lord, have mercy.*

For catechumens preparing for Easter baptism, that their formation in faith may be fruitful: we pray to you, O Lord. *Lord, have mercy.*

For those suffering from addiction, violence, or poverty, that they may find relief and support: we pray to you, O Lord. *Lord, have mercy.*

For those we have hurt or neglected, that God may heal the wounds we have caused: we pray to you, O Lord. *Lord, have mercy.*

For all who are dying, that they may face death with hope and peace: we pray to you, O Lord. *Lord, have mercy.*

For the faithful departed, that they may come to the fullness of life: we pray to you, O Lord. *Lord, have mercy.*

THE LORD'S PRAYER

Let us pray as the Lord himself has taught us:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

CONCLUDING PRAYER

Lord Jesus, you fasted in the desert and were tempted as we are. Strengthen us in our Lenten discipline and have mercy on us in our failures; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

The Lord be with you.

And with your spirit.

May almighty God bless us: the Father, and the Son, and the Holy Spirit.

Amen.

Go in peace to love and serve the Lord.

Thanks be to God.

MARIAN ANTIPHON

AVE REGINA CAELORUM

Hail, O Queen of heaven enthroned! Hail, by angels Mistress owned! Root of Jesse, Gate of morn, whence the

*world's true Light was born: glorious Virgin, joy to thee, loveliest whom in heaven they see: fairest thou where
all are fair, plead with Christ our sins to spare.*