

# Daytime Prayer

Tuesday, March 3, 2026

Lent, Week 2 — Tuesday

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **Lord, Who Throughout These Forty Days**

Lord, who throughout these forty days  
for us did fast and pray,  
teach us with you to mourn our sins  
and close by you to stay.

## PSALMODY

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### **Psalm 119** *See My Humiliation (Coph)*

*Ant. Create a clean heart in me, O God.*

Behold my humiliation and rescue me, for I have not forgotten your law.  
Judge my judgment and redeem me; enliven me for the sake of your word.  
Salvation is far from sinners, because they have not sought your justifications.  
Your mercies are many, O Lord; enliven me according to your judgment.  
Many are those who persecute me and who afflict me; I have not declined from your testimonies.  
I saw the prevaricators and I pined away, because they have not kept your word.  
See how I have loved your commandments; O Lord, enliven me in your mercy.  
The beginning of your words is truth; all the judgments of your justice are forever.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Create a clean heart in me, O God.*

**Psalm 119** *Princes Have Persecuted Me (Res)*

*Ant. Create a clean heart in me, O God.*

Leaders have persecuted me without cause; and my heart has been in awe of your words.

I will rejoice over your words, like one who has found great spoils.

I have hated and abhorred iniquity; but I have loved your law.

Seven times a day I have given praise to you, on the judgments of your justice.

Much peace is for those who love your law, and there is no scandal for them.

I waited for your salvation, O Lord, and I loved your commandments.

My soul has kept your testimonies, and I have loved them greatly.

I have kept your commandments and your testimonies, for all my ways are in your sight.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Create a clean heart in me, O God.*

SHORT READING

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**ISAIAH 58:7**

Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

RESPONSORY

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*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

CONCLUDING PRAYER

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*God of mercy, we pause in the midst of our Lenten journey. Renew our resolve, deepen our prayer, and fill us with the charity that this season calls us to; through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*