

# Daytime Prayer

*Tuesday, January 20, 2026*

Saint Fabian, Pope and Martyr

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **God of the Morning**

God of the morning, God of the midday hour,  
grant us your wisdom and your guiding power;  
we pause amid the tasks and toils of day  
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,  
the labor of our hands, the joy and pain;  
receive our offering of this broken hour  
and bless our work with your renewing power.

To God the Father be all glory given,  
and to the Son who drew us close to heaven,  
and to the Spirit, fire within the soul,  
now and forever, making all things whole.

**Psalm 135** *Give Thanks to the Lord, For He Is Good (Part II)*

*Ant. Praise to you, Lord God, now and forever.*

Who divided the Red Sea into portions; for his mercy is forever.  
And led Israel through the midst of it; for his mercy is forever.  
And shook off Pharaoh and his virtue in the Red Sea; for his mercy is forever.  
Who led his people through the desert; for his mercy is forever.  
Who struck great kings; for his mercy is forever.  
And slew powerful kings; for his mercy is forever.  
Sihon, king of the Amorites; for his mercy is forever.  
And Og, king of Bashan; for his mercy is forever.  
And gave their land as an inheritance; for his mercy is forever.  
An inheritance for his servant Israel; for his mercy is forever.  
For in our humiliation he was mindful of us; for his mercy is forever.  
And he redeemed us from our enemies; for his mercy is forever.  
Who gives food to all flesh; for his mercy is forever.  
Confess to the God of heaven; for his mercy is forever.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Praise to you, Lord God, now and forever.*

**Psalm 136** *By the Waters of Babylon (Part I)*

*Ant. Praise to you, Lord God, now and forever.*

Upon the rivers of Babylon, there we sat and wept as we remembered Zion.  
On the willows in their midst, we hung up our instruments.  
For there those who had led us captive asked us the words of song.  
And those who had carried us away said: "Sing to us a hymn from the songs of Zion."  
How will we sing the song of the Lord in a foreign land?

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Praise to you, Lord God, now and forever.*

Whether you eat or drink, or whatever you do, do everything for the glory of God.

RESPONSORY

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*V. Blessed is he who comes in the name of the Lord.*

*R. We bless you from the house of the Lord.*

CONCLUDING PRAYER

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*God of all hours, in the middle of this day's work, we turn our hearts to you. Renew our strength and our purpose, and keep us faithful in your service; through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*