

# Daytime Prayer

Monday, January 5, 2026

January 5 (St. John Neumann)

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## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

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## HYMN

### Sing Alleluia Forth

Sing alleluia forth in dutious praise,  
O citizens of heaven, who know the festal days;  
and by your singing learn how God may be adored.

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## PSALMODY

### Psalm 119 *You Are Just, O Lord (Pe)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

You are just, O Lord, and your judgment is right.

You have commanded justice as your testimony, and your truth greatly.

My zeal has made me pine away, because my enemies have forgotten your words.

Your word is greatly tried by fire, and your servant has loved it.

I am very young and despised; I have not forgotten your justifications.

Your justice is justice forever, and your law is truth.

Tribulation and anguish have found me; your commandments are my meditation.

Your testimonies are equity forever; give me understanding, and I will live.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

**Psalm 119** *I Have Cried With My Whole Heart (Tsade)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

I have cried with my whole heart; hear me, O Lord; I will seek your justifications.

I cried out to you; save me, so that I may keep your commandments.

I arose before daylight and cried out; I hoped in your words.

My eyes anticipated the morning, so that I might meditate on your words.

Hear my voice, O Lord, according to your mercy; and enliven me according to your judgment.

Those who persecute me have drawn near to iniquity, but they have been made far from your law.

You are near, O Lord, and all your ways are truth.

From the beginning I have known from your testimonies, for you have founded them forever.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

SHORT READING

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**ISAIAH 9:1**

The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom, a light has shone.

RESPONSORY

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*V. The Word became flesh and dwelt among us.*

*R. Full of grace and truth.*

CONCLUDING PRAYER

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*Lord God, in the fullness of time your Son was born. Fill this day's hours with the joy of his presence; through the same Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*