

Daytime Prayer

Wednesday, October 22, 2025

Saint John Paul II, Pope

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

Psalm 127 *Blessed Is Everyone Who Feels the Lord*

Ant. Praise to you, Lord God, now and forever.

Blessed are all who fear the Lord, who walk in his ways.

For you will eat the labor of your hands; blessed are you, and it will be well with you.

Your wife is like a fruitful vine on the sides of your house.

Your sons are like newly planted olive trees around your table.

Behold, so will the man be blessed, even the man who fears the Lord.

May the Lord bless you from Zion, and may you see the good things of Jerusalem all the days of your life.

And may you see the sons of your sons, peace upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

Psalm 128 *They Have Often Afflicted Me*

Ant. Praise to you, Lord God, now and forever.

Often they have fought against me from my youth; let Israel now say.

Often they have fought against me from my youth; but they could not prevail over me.

Upon my back, sinners have constructed; they have prolonged their iniquity.

The Lord is just; he will cut asunder the neck of sinners.

Let them all be confounded and turned back, who hate Zion.

Let them become like the grass on the rooftops, which withers before it is pulled up.

Of which the reaper does not fill his hand, nor he who gathers the sheaves his bosom.

And let those who pass by not say: "The blessing of the Lord be upon you; we have blessed you in the name of the Lord."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

SHORT READING

GALATIANS 5:14

The whole law is fulfilled in one statement, namely: You shall love your neighbor as yourself.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

Lord Jesus, who sanctified human labor by your own work in Nazareth, bless the work of our hands and minds this day, that all we do may serve your glory and the good of others; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.