

# Daytime Prayer

*Saturday, March 29, 2025*

Lent, Week 3 — Saturday

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## OPENING

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O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

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### **Lord, Who Throughout These Forty Days**

Lord, who throughout these forty days  
for us did fast and pray,  
teach us with you to mourn our sins  
and close by you to stay.

**Psalm 141** *Rescue Me From My Persecutors*

*Ant. Do not forsake me, O Lord; be not far from me, O my God.*

With my voice I have cried out to the Lord; with my voice I have prayed to the Lord.  
I will pour out, in his sight, my supplication; and before him I will declare my tribulation.  
When my spirit failed within me, even then you knew my paths.  
In the way on which I was walking, the proud hid a snare for me.  
I looked to the right and I saw, and there was no one who would recognize me.  
Flight has perished from me, and there is no one who has regard for my soul.  
I cried out to you, O Lord; I said: "You are my hope, my portion in the land of the living."  
Attend to my supplication, for I have been humbled exceedingly.  
Free me from those who persecute me, for they have been made stronger than me.  
Lead my soul out of custody to confess to your name; the just wait for me, until you repay me.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Do not forsake me, O Lord; be not far from me, O my God.*

**Psalm 145** *Praise the Lord, O My Soul (Part I)*

*Ant. Do not forsake me, O Lord; be not far from me, O my God.*

Praise the Lord, O my soul; in my life I will praise the Lord; I will sing to my God as long as I live.  
Do not trust in leaders, in the sons of men, in whom there is no salvation.  
His spirit will depart, and he will return to his earth; on that day all their thoughts will perish.  
Blessed is he whose helper is the God of Jacob; his hope is in the Lord his God,  
who made heaven and earth, the sea, and all that is in them.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Do not forsake me, O Lord; be not far from me, O my God.*

SHORT READING

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**MATTHEW 6:6**

But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

RESPONSORY

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*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

CONCLUDING PRAYER

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*O God, purify our intentions and direct our actions, that all we do this day may be a true offering to you;  
through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*