

Daytime Prayer

Thursday, May 2, 2024

Saint Athanasius, Bishop and Doctor

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Alleluia, Alleluia!

Alleluia, alleluia! Hearts to heaven and voices raise;
sing to God a hymn of gladness, sing to God a hymn of praise.

PSALMODY

Psalm 119 *Forever, O Lord, Your Word (Caph)*

Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.

Forever, O Lord, your word stands firm in heaven.

Your truth is from generation to generation; you have founded the earth, and it endures.

By your ordinance the day persists, for all things serve you.

Unless your law had been my meditation, perhaps then I would have perished in my humiliation.

Your justifications I will never forget, for in them you have given me life.

I am yours; save me, for I have sought your justifications.

The wicked have waited for me to destroy me; but I have understood your testimonies.

I have seen the end of all perfection; your commandment is exceedingly broad.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.

Psalm 119 *How I Love Your Law! (Lamed)*

Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.

O how I have loved your law, O Lord! All day long it is my meditation.

By your commandment, you have made me wiser than my enemies; for it is mine forever.

I have understood more than all my teachers, because your testimonies are my meditation.

I have understood more than the elders, because I have sought your commandments.

From every evil path I have restrained my feet, so that I might keep your words.

I have not declined from your judgments, because you have established a law for me.

How sweet are your words to my palate, more so than honey to my mouth!

By your commandments I have gained understanding; therefore I have hated every path of iniquity.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.

SHORT READING

COLOSSIANS 3:1

If then you were raised with Christ, seek what is above, where Christ is seated at the right hand of God.
Alleluia.

RESPONSORY

V. This is the day the Lord has made. Alleluia.

R. Let us rejoice and be glad. Alleluia.

CONCLUDING PRAYER

Almighty God, you gave us the risen Christ who breathed peace on his disciples. Breathe that peace into the tensions and conflicts of this day; through the same Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.