# Daytime Prayer

*Monday, January 30, 2023*

Ordinary Time, Week 4 — Monday

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

**God of the Morning**

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

## PSALMODY

### **Psalm 119** *You Are Just, O Lord (Pe)*

> *Ant. Praise to you, Lord God, now and forever.*

You are just, O Lord, and your judgment is right.

You have commanded justice as your testimony, and your truth greatly.

My zeal has made me pine away, because my enemies have forgotten your words.

Your word is greatly tried by fire, and your servant has loved it.

I am very young and despised; I have not forgotten your justifications.

Your justice is justice forever, and your law is truth.

Tribulation and anguish have found me; your commandments are my meditation.

Your testimonies are equity forever; give me understanding, and I will live.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Praise to you, Lord God, now and forever.*

### **Psalm 119** *I Have Cried With My Whole Heart (Tsade)*

> *Ant. Praise to you, Lord God, now and forever.*

I have cried with my whole heart; hear me, O Lord; I will seek your justifications.

I cried out to you; save me, so that I may keep your commandments.

I arose before daylight and cried out; I hoped in your words.

My eyes anticipated the morning, so that I might meditate on your words.

Hear my voice, O Lord, according to your mercy; and enliven me according to your judgment.

Those who persecute me have drawn near to iniquity, but they have been made far from your law.

You are near, O Lord, and all your ways are truth.

From the beginning I have known from your testimonies, for you have founded them forever.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Praise to you, Lord God, now and forever.*

## SHORT READING

**COLOSSIANS 3:17**

Whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

## RESPONSORY

*V. Blessed is he who comes in the name of the Lord.*

*R. We bless you from the house of the Lord.*

## CONCLUDING PRAYER

> *Lord God, at midday we pause in your presence. Grant us wisdom in the work before us, charity toward those we meet, and patience in difficulty; through Jesus Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.

*And give him thanks.*