Daytime Prayer

Wednesday, February 23, 2005

Saint Polycarp, Bishop and Martyr

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 127 *Blessed Is Everyone Who Fears the Lord*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Blessed are all who fear the Lord, who walk in his ways.

For you will eat the labor of your hands; blessed are you, and it will be well with you.

Your wife is like a fruitful vine on the sides of your house.

Your sons are like newly planted olive trees around your table.

Behold, so will the man be blessed, even the man who fears the Lord.

May the Lord bless you from Zion, and may you see the good things of Jerusalem all the days of your life.

And may you see the sons of your sons, peace upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Psalm 128 *They Have Often Afflicted Me*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Often they have fought against me from my youth; let Israel now say.

Often they have fought against me from my youth; but they could not prevail over me.

Upon my back, sinners have constructed; they have prolonged their iniquity.

The Lord is just; he will cut asunder the neck of sinners.

Let them all be confounded and turned back, who hate Zion.

Let them become like the grass on the rooftops, which withers before it is pulled up.

Of which the reaper does not fill his hand, nor he who gathers the sheaves his bosom.

And let those who pass by not say: "The blessing of the Lord be upon you; we have blessed you in the name of the Lord."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

SHORT READING

HOSEA 2:16

I will lead her into the desert and speak to her heart.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord, in Lent you call us to prayer, fasting, and almsgiving. Grant us faithfulness in all three, not as burdens but as ways of drawing closer to you; through Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.