

Compline — Little Office of the BVM

Sunday, March 8, 2026

Little Office of the Blessed Virgin Mary • Roman Rite

OPENING

A silent Hail Mary is said.

V. Convert us, O God, our Savior.

R. And turn away your anger from us.

V. O God, come to my assistance.

R. O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen. Praise to you, Lord, King of eternal glory.

HYMN

Memento, Rerum Conditor

Remember, O Creator Lord,
That in the Virgin's sacred womb
You were conceived, and of her flesh
Did take our mortal nature on.

Mother of grace, O Mary blessed,
To you, sweet fount of love, we fly;
Shield us through life, and take us hence
To your dear bosom when we die.

O Jesus, born of Virgin bright,
Immortal glory be to you;
Praise to the Father infinite
And Holy Spirit, ever true.
Amen.

PSALMODY

Ant. We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but ever deliver us from all evil, O glorious and blessed Virgin.

Psalm 129 *Out of the Depths I Cry*

From the depths I have cried out to you, O Lord; Lord, hear my voice.

Let your ears be attentive to the voice of my supplication.

If you, Lord, observe iniquities, Lord, who will endure it?

For with you there is forgiveness, and because of your law I have waited for you, O Lord.

My soul has patiently waited on his word; my soul has hoped in the Lord.

From the morning watch, even until night, let Israel hope in the Lord.

For with the Lord there is mercy, and with him there is plentiful redemption.

And he will redeem Israel from all his iniquities.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Psalm 130 *My Soul Is Like a Weaned Child*

O Lord, my heart is not exalted, nor are my eyes lofty.

Neither have I walked in great things, nor in wonders beyond me.

If I were not humble, if my soul were not lifted up; as a weaned child is toward his mother, likewise let it be repaid to my soul.

Let Israel hope in the Lord, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Psalm 131 *Remember David's Oath*

O Lord, remember David and all his meekness.

How he swore to the Lord; he made a vow to the God of Jacob.

"I will not enter into the tabernacle of my house, nor will I climb into the bed where I lie;"

"I will not give sleep to my eyes, or slumber to my eyelids,"

"or rest to my temples, until I find a place for the Lord, a tabernacle for the God of Jacob."

Behold, we heard of it in Ephrata; we found it in the fields of the forest.

We will enter into his tabernacle; we will adore in the place where his feet have stood.

Arise, O Lord, into your rest, you and the ark of your sanctification.

Let your priests be clothed with justice, and let your holy ones exult.

For the sake of your servant David, do not turn away the face of your Christ.

The Lord has sworn truth to David, and he will not make it void.

"Of the fruit of your womb, I will set upon your throne."

"If your sons will keep my covenant and my testimonies which I will teach them,"

"their sons also, even forever, will sit upon your throne."

For the Lord has chosen Zion; he has chosen it for his dwelling.

"This is my rest forever and ever; here I will dwell, for I have chosen it."

"Blessing, I will bless her widow; her poor I will satisfy with bread."

"Her priests I will clothe with salvation, and her holy ones will exult with exultation."

"There I will raise up a horn for David; I have prepared a lamp for my Christ."

"His enemies I will clothe with confusion, but upon him my sanctification will flourish."

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but ever deliver us from all evil, O glorious and blessed Virgin.

SHORT READING

SIRACH 24:24

I am the Mother of fair love, and of fear, and of knowledge, and of holy hope.

THE CANTICLE OF SIMEON (NUNC DIMITTIS) (LUKE 2:29–32)

Ant. We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but ever deliver us from all evil, O glorious and blessed Virgin.

Now you release your servant, O Lord, according to your word, in peace.

Because my eyes have seen your salvation,

which you have prepared before the face of all peoples:

a light of revelation to the Gentiles, and a glory for your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but ever deliver us from all evil, O glorious and blessed Virgin.

VERSICLE

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

KYRIE

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

COLLECT

May the glorious intercession of the Blessed and glorious Mary ever-virgin shield us, we ask you, O Lord, and bring us to life everlasting. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, God, world without end. Amen.

SALVE REGINA

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Hail, holy Queen, Mother of Mercy,

hail, our life, our sweetness and our hope.

To you we cry, the children of Eve;

to you we send up our sighs,

moaning and weeping in this land of exile.

*Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this our exile,
show us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.*

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Almighty and ever-living God, who by the cooperation of the Holy Spirit prepared the body and soul of the glorious Virgin Mother Mary to be a worthy dwelling for your Son: grant that we who rejoice in her commemoration may, by her loving intercession, be delivered from present evils and from everlasting death. Through the same Christ our Lord. Amen.

BLESSING

May the almighty and merciful Lord, Father and Son and Holy Spirit, bless and keep us. Amen.